THE SECOND SUNDAY IN LENT

10 a.m. Choral Eucharist

MARCH 8, 2020

WELCOME TO ST. PAUL’S EPISCOPAL CHURCH

St. Paul’s is a diverse, inclusive community in the Episcopal Diocese of California. We are a member of Integrity and of Oasis, the Gay and Lesbian ministry of the Diocese of California, and are welcoming to all who attend in worship.

To our Parents: We welcome your children to participate in our worship. During the 10 a.m. service, children ages 3 and older may participate in Faith Quest/Godly Play program in the St. Paul’s School building. Adult supervision is provided. Younger children can enjoy Mustard Seeds, our professionally staffed nursery in the back of the church.

We’re happy to have you with us today. Our worship follows the order of the Book of Common Prayer 1979 (BCP), Rite II, with music from a variety of musical resources authorized by the Episcopal Church: 1982 Hymnal, Lift Every Voice and Sing (LEVAS) and Enriching Our Worship (EOW) and other approved forms.
ORGAN PRELUDE

Allegretto pensono
Edward Elgar (1857-1934)

At the sound of the bell, all stand for the entrance of the choir and ministers.

PROCESSIONAL HYMN

Hymn 401
The God of Abram Praise
Leoni

THE PENITENTIAL ORDER

Celebrant: Bless the Lord who forgiveth all our sins.
People: His mercy endureth for ever.
Celebrant: Hear what our Lord Jesus Christ saith:
Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets. (Matthew 22:37-40)

Deacon: Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Minister and People
Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.
Celebrant
The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

All stand

The following is sung

THE KYRIE

Hymnal S-92
COLLECT OF THE DAY

Celebrant The Lord be with you.
People And with thy spirit.
Celebrant Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever.

All Amen.
All sit.

THE FIRST READING Genesis 12: 1-4a

Now the Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the Lord had told him.

Reader The Word of the Lord.
People Thanks be to God.

PSALM 121 Anglican Chant by Matthew Martin (b. 1976)

Response by Christopher Kula

1 I lift up my eyes to the hills; * from where is my help to come?
2 My help comes from the Lord, * the maker of heaven and earth.

The Lord God watch - - - es o - ver you.
3 He will not let your foot be moved *  
   and he who watches over you will not fall asleep.
4 Behold, he who keeps watch over Israel *  
   shall neither slumber nor sleep;

   Response

5 The Lord himself watches over you; *  
   the Lord is your shade at your right hand,
6 So that the sun shall not strike you by day, *  
   nor the moon by night.
7 The Lord shall preserve you from all evil; *  
   it is he who shall keep you safe.
8 The Lord shall watch over your going out and 
   your coming in, *  
   from this time forth for evermore.

   Response

THE SECOND READING Romans 4: 1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.
Reader: The Word of the Lord.
People: Thanks be to God.

SEQUENCE HYMN
LEVAS 203
There is a balm in Gilead
American Melody

THE GOSPEL
John 3: 1-17

Deacon: The Holy Gospel of our Lord Jesus Christ according to John.
People: Glory to be to thee, O Lord.

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so
loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

_Deacon_ The Gospel of the Lord.

_People_ Praise be to thee, O Christ.

**SERMON**

The Rev. Christian Harding

**HYMN AFTER THE SERMON**

Hymn 448

O love, how deep, how broad, how high

*Deus tuorum militum*

**THE NICENE CREED**

_All stand._

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.

Amen.
PRAYERS OF THE PEOPLE

Matthew Whitney

We come before you, dear God, with contrite hearts and with souls hungry for redemption. With humble souls, we bow down and graciously accept your Christ. You loved this world so much that you have sent us your Eternal Word. May we become the message of your redemption.

Make ready your blessed universal Church and set our minds on the sacrifice and the redemption that will follow. Study and fortify the hearts of our Bishop Marc, our clergy: Mauricio, Carolyn, Anne and Christian and all who teach your word. Guide our own hearts and allow us to hear your message.

Silence

You loved this world so much that you have sent us your Son.

We pray that we become the message of your redemption

Guide the soul of this nation. We are divided and need your blessed intervention. Grant us reconciliation and help us to seek your will for us all.

Silence

You loved this world so much that you have sent us your Son.

We pray that we become the message of your redemption

Guard this blessed planet from the destruction caused by humanity. Let us remain steadfast in our resolve to defend the natural order and create a sustainable environment for all living creatures. Keep the planet and all its inhabitants safe from all things harmful.

Silence

You loved this world so much that you have sent us your Son.

We pray that we become the message of your redemption

Stay attentive to this town of Oakland and all who dwell here. May we as followers of Christ always endeavor to love our neighbors as ourselves and show kindness to all who we encounter. Especially watch over the patrons of our food pantry.
Silence

You loved this world so much that you have sent us your Son,
**We pray that we become the message of your redemption**

Living in this world we are susceptible to human frailty. We ask for healing and strength for all those in pain and who are now marginalized. Protect and guard all who are struggling with disease of any kind. Bring us all closer to you and lead us to a place of healing.

*The people may add their petitions, followed by silence*

You have loved this world so much that you have sent us your Son,
**We pray that we become the message of your redemption**

Bring all who have died to your dwelling and give us the hope of our heavenly reunion. Sorrow will soon be transformed to immense joy.

Silence

You have loved this world so much that you have sent us your Son
**We pray that we become the message of your redemption**

*The Celebrant add a concluding collect.*

**THE PEACE**

*Celebrant* The peace of the Lord be always with you.
*People* And with thy spirit.

Then the Ministers and the People may greet one another in the name of the Lord.

**THE ANNOUNCEMENTS**
Holy Communion

THE OFFERTORY MUSIC

Witness

American Spiritual


Who'll be a witness for my Lord?
Oh I'll be a witness for my Lord.
There was a man of the Pharisees,
His name was Nicodemus and he didn't believe.
The same came to Christ by night,
wanted to be taught out of human sight.
Nicodemus was a man who desired to know
how a man can be born when he is old.
Christ told nicodemus as a friend,
"Man, you must be born again"
He said, "Marvel not, If you want to be wise,
repent, believe and be baptized."
Then you'll be a witness for my Lord.
You'll be a witness for my Lord,
soul is a witness for my Lord.
You read about Samson, from his birth
he was the strongest man that ever lied on earth.
Way back yonder in the ancient times
he killed ten thousand of the Philistines.
Then old Samson went a wandering about.
Samson's strength was never found out.
'Til his wife sat up on his knee,
She said, "Tell me where you strength lies, if you please."
Well, old Samson's wife, she talked so fair
Samson said, "cut off-a my hair. Cut it off!
Shave my head just as clean as your hand,
and my strength will come like a natural man."
Samson was a witness for my Lord,
soul is a witness for my Lord.
There's another witness for my Lord!
My soul is a witness for my Lord!!
All stand as the Celebrant raises the offerings and together sing the Doxology.

**THE DOXOLOGY**

_Music: Old 100th_

\[\text{Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host; praise Father, Son, and Holy Ghost.}\]

**THE GREAT THANKSGIVING**

_Eucharistic Prayer I_

\[\text{The Lord be with you. And with thy spirit.}\]

\[\text{Lift up your hearts. We lift them up unto the Lord.}\]

\[\text{Let us give thanks unto our Lord God.}\]

\[\text{It is meet and right so to do.}\]

11
Then, facing the Holy Table, the Celebrant proceeds
It is very meet, right, and our bounden duty, that we should at all
times, and in all places, give thanks unto thee, O Lord, holy
Father, almighty, everlasting God. Through Jesus Christ our
Lord; who was in every way tempted as we are, yet did not sin;
by whose grace we are able to triumph over every evil, and to live
no longer unto ourselves, but unto him who died for us and rose
again.
Therefore with Angels and Archangels, and with all the company
of heaven, we laud and magnify thy glorious Name; evermore
praising thee, and saying,

THE SANCTUS

The people kneel or stand.

Then the Celebrant continues
All glory be to thee, Almighty God, our heavenly Father, for that
thou, of thy tender mercy, didst give thine only Son Jesus Christ
to suffer death upon the cross for our redemption; who made
there, by his one oblation of himself once offered, a full, perfect,
and sufficient sacrifice, oblation, and satisfaction, for the sins of
the whole world; and did institute, and in his holy Gospel
command us to continue, a perpetual memory of that his precious
death and sacrifice, until his coming again.
For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ’s holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive
the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end.

All Amen.

The Celebrant then continues,

And now, as our Savior Christ hath taught us, we are bold to sing:

THE LORD’S PRAYER

Our Father who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, for ever and ever. Amen.
The Celebrant breaks the bread.

A period of silence is kept.

THE FRACTION ANTHEM

Hymnal S-159

The following prayer is said by all

_We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen._

_The Celebrant invites all to God’s table saying_

_The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving._
All are welcome at the Lord’s table to receive Holy Communion or a blessing. To receive Communion in your pew, please ask an usher to notify the ministers on your behalf. If you require a gluten-free wafer, please ask at the altar rail.

COMMUNION MUSIC  
John Stainer (1840-1901)

God so loved the world
that he sent his only begotten Son,
that whosoever believeth in him
should not perish,
but have everlasting life.

For God sent not his Son into the world to condemn the world,
but that the world through him might be saved.

THE POST-COMMUNION PRAYER

After all have received Communion, people stand or kneel as the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.
PRAYER OVER THE PEOPLE

Deacon Bow down before the Lord.

The people kneel and the Celebrant says the following prayer
Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord.

All Amen.

RECESSIONAL HYMN

Hymn 144
Lord Jesus, Sun of righteousness
Cornhill

THE DISMISSAL

Deacon Let us go forth into the world, rejoicing in the power of the Spirit.

People Thanks be to God.

ORGAN POSTLUDE

Ciacona in C Minor
Dietrich Buxtehude (1637–1707)

MEMORIAL SERVICE FOR CORDELIA NEAL

"May her soul and the souls of all the faithful departed, through the mercies of God, rest in peace."

The Memorial service for Cordelia Neal will be held on Saturday March 14, 2020 at 11:00 a.m. here at St. Paul’s.
Second Sunday in Lent—Year A

Welcome to our parish. Today’s readings focus on the theme of journey. Whenever we travel, we undergo the pain of leaving behind familiar things and the uncertainty of a new future. In Lent, Christians remember that they are life-long “pilgrims in a strange land,” people on a journey into the future that God has prepared for us.

The Old Testament reading tells of the story of Abraham’s calling by God, and the beginning of his journey into the Promised Land. In this new and unknown place, God opened up new rivers of grace for Abraham and Sarah. In the second reading, Paul expounds on Abraham as the father of faith and as our ancestor in the faith. The journey begun by Abraham and Sarah is a journey that continues in our lives and a journey begun this Lent by all those among us who seek baptism at Easter.

Nicodemus is also interested in a journey—the journey into God’s Kingdom. Here a leading rabbi comes to discuss God’s Word with Jesus, whom he recognizes as a fellow rabbi. John tells us this was Passover season and it was accounted specially blessed for rabbis to discuss God’s Word through the night during that season. Jesus reveals the way into God’s Kingdom to be a new birth, a birth from heaven (the original text means both) through water and the Holy Spirit.

We gather to support each other in our journey, to pray for those who will be baptized, and to be nourished by Christ in his Word and Sacraments—they are our food for the journey.


Pantry of Hope is always Grateful for Donations

Needed items include:

Fruit Juice Boxes
Jam/Jelly
LENT AND EASTER CALENDAR

Every Sunday, March 1 through April 5:
Lenten Series, Following the 10 a.m. Service, Chapter Room

Every Monday, March 2 through April 6:
Holy Eucharist 12:10 p.m. in Chapel

Every Tuesday, March 3 through March 31:
Holy Eucharist 12:10 p.m. in Chapel

Every Wednesday, March 4 through April 8:
Holy Eucharist 12:10 p.m. in Chapel,
Evening Prayer, 6:30 p.m. in Church;
Supper and Program, 7:00 p.m.

Every Thursday, February 27 through April 9
Holy Eucharist 12:10 p.m. in Chapel

Every Friday, February 28 through April 3
Holy Eucharist 12:10 p.m. in Chapel,
Stations of the Cross 6:30 p.m.

Palm Sunday – April 5
Holy Eucharist 8 a.m.
Choral Eucharist 10 a.m.

Holy Wednesday – April 8:
The Service of Tenebrae, 7:00 p.m.

Maundy Thursday – April 9:
Maundy Thursday Service, 7:00 p.m.

Good Friday – April 10:
The Service of Good Friday, 12:00 noon-3:00 p.m.
Stations of the Cross – 3:00 p.m.

Holy Saturday – April 11:
The Great Vigil of Easter
8 p.m.

Easter Sunday – April 12:
Holy Eucharist 8:00 a.m.
Festival Eucharist 10:00 a.m.

Easter Potluck brunch and Egg Hunt following the 10:00 a.m. liturgy.
Examine five essential spiritual practices rooted in Jesus’ own walk with God.

How do we walk with Christ—daily follow him, grow in him, and faithfully serve him? Join Adam Hamilton this Lent and Easter in *The Walk* and discover five essential spiritual practices rooted in Jesus’ own walk with God. In each chapter, Hamilton’s engaging teaching style will help you explore one of these practices—each of which is intended to be a part of our daily walk with Christ—its New Testament foundation, and its potential effect on our personal lives and our lives together as the church.

**Please join us for Evening Prayer at 6:30 p.m. in the Church, followed by a soup and bread supper in the Parish Hall starting at 7 p.m. and the program at 7:30 p.m.**

**Week One:** Worship and Prayer: A Living Hallelujah

**Week Two:** Study: The Importance of Listening and Paying Attention

**Week Three:** Serve: Here I Am, Lord, Send Me

**Week Four:** Give: Where Your Treasure Is

Share: Going Fishing, Reflecting Light

**Week Five:** The Five Practices from the Cross
SUNDAY LENTEN PROGRAM

The Sunday Lenten program continues today! We will be gathering in the chapter room to discuss Day 5 (Exodus 23:1-13) of the award-winning Social Justice Bible Challenge (available for purchase after the 10 a.m. service). No opportunity to read daily because of your crazy schedule? Come anyway to read and reflect upon the chosen chapter with members of the social justice ministry and a clergy person.

We will be focusing on Day 16 (Jeremiah 5:23-30) at our next meeting on 15 March.

Lent is a perfect time to consider how our faith leads us to work for social justice. Read, meditate, and join us for thoughtful and stimulating discussion.

LENTEN SOCK DRIVE.

Please join this effort to collect socks and undergarments for the local homeless population and clients of the Pantry of Hope. These items are needed but usually overlooked by those who donate clothes. White cotton socks, women and men tops and bottoms are preferable as they tend to be less harmful to delicate skin. For more information contact Stephen Tiffenson.
March 8, 2020 – Lent 2 (A)
Life Transformed: The Way of Love in Lent - PRAY

Drawing on the ancient practice of setting aside Lent as a period of study and preparation for living as a Christian disciple, we are pleased to present weekly teachings from *Life Transformed: The Way of Love in Lent*. Learn more at episcopalchurch.org/life-transformed.

**READ** Exodus 14:10-15:1

The story of the Exodus is one of the most important baptismal stories in the whole Bible. In the blessing over the water, which we PRAY at every baptism, we remember that the Hebrews were liberated from bondage in Egypt through water. Exodus is also the only reading that is specifically required in the Easter Vigil because of the way God delivered Israel through the Red Sea and the pillar of fire that lit the way for God’s people. That pillar is echoed in the Easter fire, which shines in our darkness at the vigil. The Exodus event holds a seminal place in the recitation of God’s liberating action – the common thread woven throughout the vigil and the Bible itself.

One of the most intriguing aspects of this powerful story is the way prayer has been woven through every step the Israelites took in their path to liberation. When they were afraid and even doubted, their prayer was heard by God who told them that he would not abandon them. When they were about to be overtaken by the Egyptians, their prayer for deliverance was answered. Moses was given the power to part the sea, and they crossed on dry land. Finally, when they were safe, the prophet Miriam led a prayer of rejoicing and thanksgiving with song and dancing. Each of these prayers is important to the story and to the relationship built between God and God’s people.
In the early Church, Lent was a time for catechumens (those who were preparing to be baptized) to learn about the Christian life. The outline of the faith that they would follow was called a catechism, and we still have a similar form in our Book of Common Prayer today (pp. 845-862). In particular, our catechism describes the role of prayer in Christian life, including the seven types of prayer:

**Adoration:** We lift up our hearts and minds to God, asking nothing but to enjoy God’s presence.

**Praise:** We praise God, not to obtain anything, but because God’s Being draws praise from us.

**Thanksgiving:** We offer gratitude to God for all the blessings of this life, for our redemption, and for whatever draws us closer to God.

**Penitence:** In penitence, we say we are sorry, confess our sins, and make amends and life change wherever possible.

**Oblation:** We offer ourselves, our lives and labors, in union with Christ, for God’s purposes.

**Intercession:** We bring before God the needs of others.

**Petition:** We present our own needs, that God’s will may be done.

Each of these forms of prayer will help you grow and bring you into a closer relationship with God. In fact, Scripture tells us that even when we don’t know how to pray, “the Holy Spirit will intercede for us” and teach our heart how to pray in “sighs too deep for words” (Romans 8:26).

**REFLECT:** Prayer is one of the essential components of walking the Way of Love. Yet, some people can find it intimidating, frustrating, or hard to practice. Which of the prayer styles from the catechism speak to you? Is there one that comes naturally?
CORONA VIRUS PREVENTION

Here are some basic guidelines recommended from the Diocesan office for you and your church community:

- If you are sick, please stay home — both to heal and to protect the most vulnerable from infection.
- Please refrain from intinction — the practice of dipping the bread/wafer in the chalice. Intinction is not a safer practice than sipping from the chalice (there is a risk that the bacteria on our hands may come in contact with the wine).
- During worship services, if you are feeling even slightly unwell, you are encouraged to refrain from contact with the chalice.
- If you are at all concerned about your health, you are also welcome to refrain from contact with the chalice.
- Please remember that consuming only bread is also full communion with the Body of Christ.
- At the peace, please consider alternatives to handshaking or hugging. A nod, a wave, or touching our hands to our hearts are among the many ways we can acknowledge Christ in one another.
- All communion ministers should use an alcohol-based hand sanitizer before presiding at the altar, or administering communion.
- Please make sure that all those who administer communion wash their hands thoroughly after the liturgy.

Take time now to consider who in your congregation and surrounding community may be most vulnerable in the event of a coronavirus outbreak and/or quarantine. How can you help them prepare and stay connected to you and others who can offer comfort and support?
VESTRY REPORT

In order to keep the Parish informed of the work that the Vestry does as the elected volunteer leadership of the church, we will be reporting monthly on the Vestry meetings and sharing a written summary each month in the bulletin and newsletter.

As a reminder, any member of the Parish may attend Vestry meetings which are every fourth Tuesday of the month, unless otherwise noted, and the full minutes of the meeting are available to parish members upon request by contacting the parish administrator or a member of the Vestry.

What follows is a summary of the key decisions made by the Vestry at the Feb. 25, 2020 Vestry meeting.

- Lisa Strait was appointed to complete the Vestry term of Madyé Parish who stepped down
- Ann Gregory was voted Vestry Treasurer
- Will Cowart was appointed to represent St. Paul’s Episcopal Church on the St. Paul’s Episcopal School Board, starting July 2020.
- Saundra Anderson stepped down as co-chair of the SPEC Sesquicentennial Celebration and co-chair George Strait is looking for a new volunteer to lead the effort with him. Please let him know if you are interested.
- SPES named Cheryl Ting, current assistant head of Redwood Day School, as Head of School beginning July 1, 2020. The search for a school chaplain continues.
- SPEC is continuing its search for a new Director of Children and Youth Ministries
- As a reminder in 2019 weekly plate donations and annual pledges did not cover our modest operating expenses. The deficit between operating budget and expenses in 2019 was $176,169.16. While largely an accounting requirement, in order for the 2019 budget to be closed existing church funds have to be designated from which this gap will be covered. The Vestry voted on a proposal to cover the deficit from four funds.
- Members of the Parish who have not yet pledged for 2020, but wish to, can reach out to the Treasurer, Bookkeeper or Parish Administrator.
- The next Vestry meeting is scheduled for Tuesday, March 24 at 7pm.
Prayer requests for you or a loved one may be communicated by placing a note in the offering plate. We will include them in our regular prayer concerns. You may also send prayer requests to prayers@stpaulsoakland.org.

Tito Alvarez
Catherine Ann
Kathleen Jean Anthony
Stephanie Azlin-Carr
Anne Barclay
Dr. Basdeo Balkissoon
Susan Bayh
Aaron A. Benjamin
Lisa Bishop
Mitch Boyer
Bob Breshears, Jr.
Kate Britton
Maggie Britton
Helena Busquets
Cheryl Clausen
Denise Conley
Katherine Crawford
Martika Crawford
Nick de Groot
John Ross Devlin
Victoria Maxine Devlin
Edwina Devlin
Brian Faucette
Marshall Galinsky
Jewelle Gibbs
Alexander Glenn
Grace Gough
Londell Guffen
Vincent Hall
Pastor Motuba Harding
Christina Harris
Michelle Hartmann
David Holley
Eric Hubert
Mark Hunter
Sharon Hyde
Nick Indehar
Gregory Jackson
Peter Johnson
Sam Johnson
Reginald & Theresa Lane
Annie Lesch
Vita Lopata
Nicole McClain
Ruby McClain
Ginny McCormick
Richard Paul
Garrett Petersen
Robert Pilmer
Mark Pingree
David Raskin
Joel Reyna
Paul Sporer
Angelo & Bruna Taranta
Ramona Terry
Loretta VanderVeen
Nell Varneado
Cary Virtue
Renee Walker-Bolden
Glen Wood
Norman Young

CLERGY
The Rt. Rev. Marc H. Andrus  
Bishop of California
The Rev. Dr. Mauricio Wilson  
Rector
The Ven. Carolyn Bolton  
Archdeacon
The Rev. Christian Harding
The Rev. Anne Jensen  
Assisting Priests

STAFF
Christopher Kula  
Music Director
Philip Saunders  
Assistant Music Director
Jackie Kamakate  
Parish Administrator
Joan Clerk  
Bookkeeper
Danislav Nedevski  
Sexton
Elena Nedevska  
Housekeeper

VESTRY
Class of 2020
Allison Sass—Sr. Warden
Dylan Versteeg
Bill Davis—Jr. Warden

Class of 2021
Sergio Prieto
Erica Terry-Derryck—Clerk
Lisa Strait

Class of 2022
Will Cowart
Ann Gregory—Treasurer
Sharon Pilmer

ST. PAUL’S CHANCEL CHOIR
Soprano: Alice Brilmayer, Mackenzie Covington*, Christine Dukey
Alto: Amy Kessler*, Victoria Larson, Sharon Pilmer
Tenor: Joshua Black*, Ben Clausen, Elizabeth Jenkins, Richard Larson
Bass: Charles Blue, William Davis, John Prescott, Philip Saunders*

*Section leader
LITURGICAL SCHEDULE

Sundays
8 AM  Spoken Eucharist in the Church
10 AM  Choral Eucharist in the Church

First Sundays
4 PM  Evensong in the Church

Fourth Sundays
8 PM  Compline in the Church

Wednesdays
12:10 PM  Spoken Eucharist with Healing Service on the 1st Wednesday in the Chapel

DONATIONS TO ST. PAUL’S
Using your Smartphone, scan this QR Code to make a digital offering to St. Paul’s Church. Your donation will be processed through SPEC’s PayPal account.

Celebrant and Preacher
The Rev. Christian Harding
Assisting Priest

Assisting
The Rev. Dr. Mauricio Wilson
Rector

Deacon
The Ven. Carolyn Bolton
Archdeacon

Subdeacon
Scott Buckingham

Music Director
Christopher Kula

Choirs
St. Paul’s Episcopal Church

Lectors
??, Carolyn Knapp

Intercessor
Kent Lewandowski

Ushers
Ray Baxter, Aida Alvarez-Baxter, Jesse Alvarez, John Simmons

Altar Guild
Pamela Kruse-Buckingham, Annette Blue, Indira Balkissoon, Susan Tilden

Coffee Hour
Sharon Pilmer, Ann Del Simone

The Sacrament of Reconciliation may be scheduled with any priest.
WELCOMING AND AFFIRMING

Parking is available in the Senior Center/Veteran’s Memorial Building lot (across Bay Place from the church) for Sunday services. Street parking is unrestricted on Sundays, but metered/2-hour limit all other days. Additional paid parking is available at Children’s Fairyland on Grand Ave. and at lots at 155 Grand Ave. and at W 23rd St. & Waverly (behind 180 Grand Ave.). The nearest BART station is the 19th Avenue stop, a .7 mile walk.

Event Notification: If you would like to receive information on St. Paul’s events and ministries, or receive a call from clergy, please fill out the welcome cards in the pews and place in the collection plate or sign the visitor book in the Narthex. To join our email list, sign up on our website, www.stpaulsoakland.org

Parishioner Directories are available in either printed or digital form. To request your copy please call or email Marion Hills (510.834.4314 Ext. 501/admin@stpaulsoakland.org)

Name Tags
Let us greet you with your name! Please pick up your name tag in the narthex as you enter the Church or at the coffee hour afterwards.

The Restroom
One is located at the back of the church through the side door. A wheelchair accessible restroom is also available. Please ask an usher for assistance.

Questions?
Don’t hesitate to ask an usher for help if you require any assistance.