



February 10, 2021  
12:10 p.m. Holy Eucharist

## The Word of God

*At the sound of the bell, all stand for the entrance of the ministers.*

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.  
*People* And blessed be God's kingdom, now and for ever.  
Amen.

### THE COLLECT FOR PURITY

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

*The following is said*

### THE GLORIA

**Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

## COLLECT OF THE DAY

*Celebrant* God be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

*All* **Amen.**

*All sit.*

## THE FIRST READING

Genesis 2:4b-9, 15-17

In the day that the LORD God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up—for the LORD God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground—then the LORD God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the LORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

*Reader* Hear what the Spirit is saying to God’s people.  
*People* **Thanks be to God.**

**PSALM 104:25, 28-31**

*Benedic, anima mea*

- 25 O Lord, how manifold are your works! \*  
**in wisdom you have made them all; the earth is full of  
your creatures.**
- 28 **All of them look to you \*  
to give them their food in due season.**
- 29 **You give it to them; they gather it; \*  
you open your hand, and they are filled with good things.**
- 30 **You hide your face, and they are terrified; \*  
you take away their breath, and they die and return to  
their dust.**
- 31 **You send forth your Spirit, and they are created; \*  
and so you renew the face of the earth.**

*All stand.*

**THE GOSPEL**

Mark 7:14-23

*Gospeler*      The Holy Gospel of our Lord Jesus Christ  
                         according to Mark.

*People*            **Glory to you, Lord Christ.**

Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile." When he had left the crowd and entered the house, his disciples asked him about the parable. He said to them, "Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile, since it enters, not the heart but the stomach, and goes out into the sewer?" (Thus he declared all foods clean.) And he said, "It is what comes out of a person that defiles. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

*Gospeler*      The Gospel of the Lord.  
*People*            **Praise to you, Lord Christ.**

*A period of silence is kept following the sermon.*

**PRAYERS OF THE PEOPLE**

Form I *BCP*

*The Leader and People pray responsively*

With all our heart and with all our mind, let us pray to the Lord, saying, “Lord, have mercy.”

For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray to the Lord.

**Lord, have mercy.**

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our Bishop, and for all the clergy and people, let us pray to the Lord.

**Lord, have mercy.**

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

**Lord, have mercy.**

For those who travel on land, on water, or in the air or through outer space, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

**Lord, have mercy.**

For those in distress or suffering in any way due to the Covid-19 pandemic, let us pray to the Lord.

**Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

**Lord, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

**Lord, have mercy.**

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace.

**Lord, have mercy.**

In the communion of Blessed Paul and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

**To thee, O Lord our God.**

*Silence*

*The Celebrant concludes with a suitable Collect.*

*All*     **Amen.**

## THE CONFESSION OF SIN

*The Celebrant then says*

Let us confess our sins against God and our neighbor.

*Silence.*

*Minister and People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The Celebrant stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

## THE PEACE

*All stand.*

*Celebrant*      The peace of the Lord be always with you.  
*People*          **And also with you.**

*The Ministers and the People may greet one another in the name of the Lord.*

# Holy Communion

## THE GREAT THANKSGIVING

*Eucharistic Prayer A*

*The Celebrant, says*

The Lord be with you.

*People*          **And also with you.**

*Celebrant*      Lift up your hearts.

*People*          **We lift them to the Lord.**

*Celebrant*      Let us give thanks to the Lord our God.

*People*          **It is right to give God thanks and praise.**

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

*The people stand or kneel and the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues,*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

*All*      **Amen.**

*The Celebrant then continues,*

### **THE LORD'S PRAYER**

And now, as our Savior Christ has taught us, we are bold to say:

*People and Celebrant*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power, and the glory, for ever and ever.**

**Amen.**

*The Celebrant breaks the bread.*

*A period of silence is kept.*

*Then is said*

*Celebrant*      Alleluia. Christ our Passover is sacrificed for us;  
*People*          **Therefore let us keep the feast. Alleluia.**

*The Celebrant invites all to God's table saying*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The following prayer is said.*

**My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.**

*(St. Alphonsus de Liguori, 1696-1787)*

## **THE POST-COMMUNION PRAYER**

*Celebrant* Let us pray.

*Celebrant and People*

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## **THE BLESSING**

*The priest blesses the people, saying*

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

*All*     **Amen.**

## **THE DISMISSAL**

*Celebrant* Let us go forth in the name of Christ.

*People*     **Thanks be to God.**

## LITURGICAL SCHEDULE

*Live stream only, until  
further notice.*

### **Sundays**

8 AM Spoken Eucharist in  
the Church

10 AM Choral Eucharist in  
the Church

### **First Sundays**

4 PM Evensong in the  
Church

### **Fourth Sundays**

8 PM Compline in the  
Church

### **Wednesdays**

12:10 PM Spoken Eucharist  
with Healing Service on the  
1st Wednesday in the Chapel

**The Sacrament of  
Reconciliation may be  
scheduled with any priest.**

Music usage licensing and  
agreements: Church Hymnal  
Corporation, New York;  
OneLicense.net

***Celebrant and Preacher**  
The Rev. Christian Harding  
Assisting Priest*

## **DONATIONS TO ST. PAUL'S**

Using your Smartphone, scan this  
QR Code to make a digital  
offering to St. Paul's Church. Your  
donation will be processed through  
SPEC's PayPal account.



## WELCOMING AND AFFIRMING

**Parking** is available in the Senior Center/ Veteran's Memorial Building lot (across Bay Place from the church) for Sunday services. Street parking is unrestricted on Sundays, but metered/2-hour limit all other days. Additional paid parking is available at Children's Fairyland on Grand Ave. and at lots at 155 Grand Ave. and at W 23rd St. & Waverly (behind 180 Grand Ave.). The nearest BART station is the 19th Avenue stop, a .7 mile walk.



**Event Notification:** If you would like to receive information on St. Paul's events and ministries, or receive a call from clergy, please fill out the welcome cards in the pews and place in the collection plate or sign the visitor book in the Narthex. **To join our email list, sign up on our website, [www.stpaulsoakland.org](http://www.stpaulsoakland.org)**

Parishioner Directories are available in either printed or digital form. To request your copy please call or email (510.834.4314 Ext. 501/admin@stpaulsoakland.org).

### **Name Tags**

Let us greet you with your name! Please pick up your name tag in the narthex as you enter the Church or at the coffee hour afterwards.

### **The Restroom**

One is located at the back of the church through the side door. A wheelchair accessible restroom is also available. Please ask an usher for assistance.

### **Questions?**

Don't hesitate to ask an usher for help if you require any assistance.



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