



February 3, 2021
12:10 p.m. Holy Eucharist

The Word of God

At the sound of the bell, all stand for the entrance of the ministers.

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People And blessed be God's kingdom, now and for ever.
Amen.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The following is said

THE GLORIA

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT OF THE DAY

Celebrant God be with you.
People **And also with you.**
Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All **Amen.**

All sit.

THE FIRST READING

Hebrews 12: 4-7, 11-15

In your struggle against sin you have not yet resisted to the point of shedding your blood. And you have forgotten the exhortation that addresses you as children—"My child, do not regard lightly the discipline of the Lord, or lose heart when you are punished by him; for the Lord disciplines those whom he loves, and chastises every child whom he accepts." Endure trials for the sake of discipline. God is treating you as children; for what child is there whom a parent does not discipline?

Now, discipline always seems painful rather than pleasant at the time, but later it yields the peaceful fruit of righteousness to those who have been trained by it. Therefore lift your drooping hands and strengthen your weak knees, and make straight paths for your feet, so that what is lame may not be put out of joint, but rather be healed. Pursue peace with everyone, and the holiness without which no one will see the Lord. See to it that no one fails to obtain the grace of God; that no root of bitterness springs up and causes trouble, and through it many become defiled.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

PSALM 103:1-2, 13-18

Benedic, anima mea

- 1 Bless the LORD, O my soul, *
and all that is within me, bless his holy Name.
- 2 Bless the LORD, O my soul, *
and forget not all his benefits.
- 13 As a father cares for his children, *
so does the LORD care for those who fear him.
- 14 For he himself knows whereof we are made; *
he remembers that we are but dust.
- 15 Our days are like the grass; *
we flourish like a flower of the field;
- 16 When the wind goes over it, it is gone, *
and its place shall know it no more.
- 17 But the merciful goodness of the LORD endures for ever
on those who fear him, *
and his righteousness on children's children;
- 18 On those who keep his covenant *
and remember his commandments and do them.

All stand.

THE GOSPEL

Mark 6:1-6

Gospeler The Holy Gospel of our Lord Jesus Christ
according to Mark.

People **Glory to you, Lord Christ.**

He left that place and came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people

and cured them. And he was amazed at their unbelief. Then he went about among the villages teaching.

Gospeler The Gospel of the Lord.
People **Praise to you, Lord Christ.**

HOMILY

The Rev. Christian Harding

A period of silence is kept following the sermon.

PRAYERS OF THE PEOPLE

Form VI *BCP*

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, and Marc our Bishop; and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

The Celebrant concludes with an absolution or a suitable Collect.

All **Amen.**

THE PEACE

All stand.

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The Ministers and the People may greet one another in the name of the Lord.

Holy Communion

THE GREAT THANKSGIVING

Eucharistic Prayer A

The Celebrant, says

The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel and the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues,

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All **Amen.**

The Celebrant then continues,

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say:

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power, and the glory, for ever and ever. Amen.

The Celebrant breaks the bread.

A period of silence is kept.

Then is said

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia.**

The Celebrant invites all to God's table saying

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The following prayer is said.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

(St. Alphonsus de Liguori, 1696-1787)

THE POST-COMMUNION PRAYER

Celebrant Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The priest blesses the people, saying

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

All **Amen.**

THE DISMISSAL

Celebrant Let us go forth in the name of Christ.

People **Thanks be to God.**

LITURGICAL SCHEDULE

*Live stream only, until
further notice.*

Sundays

8 AM Spoken Eucharist in
the Church

10 AM Choral Eucharist in
the Church

First Sundays

4 PM Evensong in the
Church

Fourth Sundays

8 PM Compline in the
Church

Wednesdays

12:10 PM Spoken Eucharist
with Healing Service on the
1st Wednesday in the Chapel

**The Sacrament of
Reconciliation may be
scheduled with any priest.**

Music usage licensing and
agreements: Church Hymnal
Corporation, New York;
OneLicense.net

***Celebrant and Preacher**
The Rev. Christian Harding
Assisting Priest*

DONATIONS TO ST. PAUL'S

Using your Smartphone, scan this
QR Code to make a digital
offering to St. Paul's Church. Your
donation will be processed through
SPEC's PayPal account.



WELCOMING AND AFFIRMING

Parking is available in the Senior Center/ Veteran's Memorial Building lot (across Bay Place from the church) for Sunday services. Street parking is unrestricted on Sundays, but metered/2-hour limit all other days. Additional paid parking is available at Children's Fairyland on Grand Ave. and at lots at 155 Grand Ave. and at W 23rd St. & Waverly (behind 180 Grand Ave.). The nearest BART station is the 19th Avenue stop, a .7 mile walk.



Event Notification: If you would like to receive information on St. Paul's events and ministries, or receive a call from clergy, please fill out the welcome cards in the pews and place in the collection plate or sign the visitor book in the Narthex. **To join our email list, sign up on our website, www.stpaulsoakland.org**

Parishioner Directories are available in either printed or digital form. To request your copy please call or email (510.834.4314 Ext. 501/admin@stpaulsoakland.org).

Name Tags

Let us greet you with your name! Please pick up your name tag in the narthex as you enter the Church or at the coffee hour afterwards.

The Restroom

One is located at the back of the church through the side door. A wheelchair accessible restroom is also available. Please ask an usher for assistance.

Questions?

Don't hesitate to ask an usher for help if you require any assistance.



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